



Youth and Young Adult Driven Approach to the IEP

| Steps in Process | Annotation/Description | What does my youth/young adult need to reach their goals? |
|---|---|--|
| 1: Consider all post-secondary goals and identify skills that are needed to reach the goals | Consider the following skill areas: <ul style="list-style-type: none">• Independent Living• Self-Determination• Leadership• Self-Management• Self-Awareness• Disability Awareness | |
| 2: Assess current skills and describe strengths and needs in “Present Levels” of the IEP | For each of the skill areas identified as a need to reach the goal, gather information to assess the youth’s current skills | |
| 3: Identify services and activities that will build skills and include in the Transition Grid | Identify services and activities to build skills this year, keeping in mind: <ul style="list-style-type: none">• the skills needed to reach the post-secondary goals• the student’s current strengths and needs, and• the number of years remaining in school | |