Individual Assistance
If you are a parent or family member of a young person with a disability and wish you had someone to talk to or somewhere to have your questions answered, look no further. The Family Resource team at PEAL works with parents and families on an individual basis to help you learn your rights and the rights of your child. All specialists are parents themselves, and have first-hand experience working to find solutions so that students have access to quality healthcare and education.
Call or email for individual assistance, available in both English and Spanish, as well as other languages as needed.

866-950-1040  info@pealcenter.org

Find out more at: https://www.pealcenter.org/what-is-a-family-resource-specialist

Trainings
PEAL offers trainings on a variety of topics for all audiences, including families, young people, and professionals. We host webinars open to the public, as well as offer specialized, engaging trainings designed for smaller groups.
Find out what specialized trainings we offer and request one for your group: https://www.pealcenter.org/requesttraining

What is the PEAL Center?
The PEAL Center is a statewide organization that serves children and young adults with disabilities and their families. PEAL empowers youth and young adults with disabilities and their families, supports professionals and promotes inclusion and accessibility. PEAL is a Pennsylvania statewide organization, with main offices in Pittsburgh and Philadelphia, as well as staff throughout Pennsylvania.
Find out more at: https://www.pealcenter.org

What resources does PEAL offer?
These are just some of the services the PEAL Center has to offer (and all at no cost).

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In 2020:
- 65,705 Families, professionals and youth attended trainings
- 2,851 Families received individual assistance

Who does PEAL serve?
- Families
- Youth and Young Adults
- Professionals who support students with disabilities
- Partners who support students with disabilities and underrepresented communities

PEAL has the expertise to support families throughout their child’s life, from birth up to age 26, as well as advising and supporting young adults transitioning to adulthood.

Transition Discoveries

The Transition Discoveries initiative is a collaboration through PEAL and a broad range of community partners to holistically support young people with their transition to life after high-school and beyond. Transition Discoveries is aimed directly at young people, as well as serving families and professionals involved in the transition process.

Find out more at: [https://www.pealcenter.org/transition_discoveries](https://www.pealcenter.org/transition_discoveries)

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Healthcare

PEAL, as a Family-to-Family Health Information Center, is here to help youth and families make informed decisions as they navigate the healthcare system. We offer individual assistance and resources that provide clear information and promote family-centered, community-based, coordinated care for children and youth with special health care needs (CYSHCN).

Find out more at: [https://www.pealcenter.org/health-care](https://www.pealcenter.org/health-care)

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Youth and Young Adults

PEAL serves young people with disabilities through a variety of events and trainings. PEAL offers youth leadership development trainings to support young people in becoming leaders in their communities, as well as hosting regular youth-only networking opportunities.

Find out more at: [https://www.pealcenter.org/youth-and-young-adults](https://www.pealcenter.org/youth-and-young-adults)

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Families to the MAX

FAMILIES TO THE MAX is a network of individuals, professionals, community members, and Pennsylvania families whose children receive special education services. Network members partner with educators to raise expectations, presume competence, and increase opportunities for students to have success in their educational experience and maximize their outcomes. They build awareness and empower families through networking, attending training events, and participating in webinars.

Find out more at: [https://www.pealcenter.org/families-to-the-max-pennsylvania-statewide-family-network](https://www.pealcenter.org/families-to-the-max-pennsylvania-statewide-family-network)