

SEXUAL INTERESTS AND CONCERNS

0-100 YEARS OLD

Sexual Interests and Concerns of Young

- Body parts and functions
- Genital touching, sex play
- Reproduction: “Where did I come from?”
- Roles as male/female
- Body image
- Need for privacy increases

Sexual Interests and Concerns of Adolescents

- Physical changes of puberty
- Hygiene: pimples and body odor
- Friendships
- Reproduction, pregnancy, birth, pregnancy options
- Sexual expression
- Contraception and sexually-transmitted infections
- Sexual feelings
- Masturbation
- Sexual orientation
- Gender identity
- Body image
- Establishing and maintaining intimate relationships:
 - Ways of expressing affection
 - How to communicate with their partner
 - Deciding about having sex
 - Giving and receiving pleasure
- Breaking up

Sexual Interests and Concerns of Adults

- Pregnancy, birth
- Parenting
- Contraception, sexually-transmitted infections
- Masturbation
- Sexual orientation, gender identity
- Establishing and maintaining intimate relationships
- Separation/divorce
- Body image
- Menopause
- Changes in sexual functioning