

TIPS FOR DISCUSSING SEXUALITY

- ▶ You may have to initiate.
- ▶ It's OK to feel embarrassed, not to know the answer, and answer the question later.
- ▶ Use a “private” tone, in a private place.
- ▶ Give age-appropriate information.
- ▶ Use models, visuals, T.V., soap operas, role-plays and scenarios.
- ▶ Try to give a consistent message.
- ▶ Try not to react.
- ▶ Practice.
- ▶ Use teachable moments.