

# RESOURCES FOR PARENTS

## ONLINE VIRTUAL COURSE

Talking with Your Kids: Sexuality and Developmental Disabilities. Katherine McLaughlin, 2017  
[www.elevatustraining.com](http://www.elevatustraining.com)

## BOOKS

*Teaching Children with Down Syndrome about Their Bodies, Boundaries, and Sexuality.* Terri Couwenhoven. Woodbine House. 2007

*The Boy's Guide to Growing Up: Choices and Changes During Puberty.* Terri Couwenhoven. Woodbine House. 2012

*The Girl's Guide to Growing up: Choices and Changes During the Tween Years.* Terri Couwenhoven. Woodbine House. 2012

*I Openers: Parents Ask Questions About Sexuality and Children with Developmental Disabilities.* Dave Hingsburger. Family Support Institute Press. 1993

*Sexuality: Your Sons and Daughters with Intellectual Disabilities.* Karen Melberg Schwier and David Hingsburger.

*Just Say Know: Understanding and Reducing the Risk of Sexual Victimization of People with Developmental Disabilities.* Dave Hingsburger. Diverse city Press, Inc. 1995

*It's So Amazing.* Robie Harris, Candlewick Press, 1999

*It's Perfectly Normal.* Robie Harris, Candlewick press, 1994

*Changing Bodies, Changing Lives.* Ruth Bell, Three Rivers Press, 1998

## WEBSITES

[www.srcp.org](http://www.srcp.org)

[www.amaze.org](http://www.amaze.org)

[www.plannedparenthood.org](http://www.plannedparenthood.org)

[www.advocatesforyouth.org](http://www.advocatesforyouth.org)