

PA Planning for the Future Transition Checklist

The checklist is intended as a resource for students (with support from their families, schools, and supporting agency professionals) to review and help provide information and suggestions to guide the transition process for students with disabilities, grades 7 - 12, (ages 14 up to 22nd birthday). The checklist, while designed for students receiving special education services under IDEA (2004), may also be useful for any student with a disability. Every student is different and should have their own individualized transition plan. Use any sections, suggestion or references needed.

- The checklist can be helpful in identifying IEP yearly and post-school goals, objectives, activities, related services, areas in need of assessment/exploration to assist in planning for life after high school.
- The checklist may be kept as part of the student's file and with families to review and record goals, assessments, activities, services, and resources. With the PDF version, there is unlimited space for notes, questions, and comments for future planning.

Helpful Yearly Tips

Attend, participate and lead your IEP and transition meetings.

Let your IEP team know your plans and dreams for the future.

Review your IEP transition team members and how they each help you. Invite anyone else who you want to join your team for support.

Write, review and update your current IEP and post-school goals, activities, related services and supports. Discuss how they worked and if goals need to change.

Review previous assessments and decide what else is needed to explore.

Create new IEP yearly goals and transition activities that are measurable and help prepare and support your post-school goals for life after high school.

Discuss accommodations and technology you may need to meet your school, work, and other life goals.

Review your school career portfolio – artifacts, activities, and assessments (check with your school—they have these documents)

Learn more about Act 158 and check with your school for their specific alternative pathways to graduation requirements

Build on what you started the year before.

► This publication was printed in September 2024.

Please visit www.pealcenter.org/pa-planning-for-the-future-transition-checklist for the latest links and resources.

My IEP Transition Team and how I can reach them. (Add additional rows as needed.)

Name	email	phone #

Things to Think About & Tips

Begin learning about the Transition Process and planning for your future after high school.

- Begin attending, participating, and contributing to your IEP and Transition Meetings (including out of school meetings.
IEP DATE _____
- Get to know the members of your IEP team and their role in supporting you. Think about who else can support you.
(List members in the section above)

Talk with your IEP Transition Team about your dreams for after high school – college, work, training, where you want to live, how you will get around, what you would like to do for fun, etc.

Ask yourself, do I have:

- Education/Training Goals _____
- Employment Goals _____
- Independent Living /Community Participation Goals _____

Where do I want to live? What skills do I need to live independently or supported? How will I get around (transportation)?
What will I do for fun? Who will support me if I need help? _____

What do I want my day and my week to look like? _____

Participate in Transition Assessments that will help to identify your interests, strengths, preferences, learning style, skill development areas, and needs for technology and accommodations, etc. _____

Explore and practice using technology for education, employment, and independent/community living.

Things to Think About & Tips

Begin working with your IEP team to learn ...

Which courses and electives to enroll in to support your post-school goals?

- Courses _____

What activities to participate in to support your post school goals?

- Activities _____

What support services are available to you now? In the future?

(Eligibility vs Entitlement)

- Supports _____

Ex. - Office of Vocational Rehabilitation (OVR), Office of Developmental Programs (ODP), Office of Long Term Living (OLTL), Office of Mental Health & Substance Abuse (OMHSAS), SSI/SSDI (Social Security), etc. – Refer to section of abbreviations: PA Transition ABCs

Work with your IEP Team to help you:

- Learn your personal information: ex. DOB, Social Security number, Address, Phone #'s, parent's/guardian's information, people you can use as references, get a state photo identification. [Get An ID \(pa.gov\)](http://pa.gov)
- Learn and understand all your future transportation needs for school, work, and community living.
- Understand your disability. How well do you understand your disability and what do you need to support your future education, employment and independent living and community accessibility?
- Learn the importance of taking responsibility for your own health care and long-term support needs.
- Develop skills for decision-making, self-advocacy, and self-determination.

Helpful Resources / Tools

PA Secondary Transition www.pasecondarytransition.com

- Transition Planning [Transition Planning \(pasecondarytransition.com\)](http://TransitionPlanning(pasecondarytransition.com))
- The Discovery Process [Employment \(pasecondarytransition.com\)](http://Employment(pasecondarytransition.com))
- Person Centered Planning [Person and Family Directed Planning \(pasecondarytransition.com\)](http://PersonandFamilyDirectedPlanning(pasecondarytransition.com))

Charting the LifeCourse Framework [Person Centered LifeCourse Nexus \(lifecoursetools.com\)](http://PersonCenteredLifeCourseNexus(lifecoursetools.com))

MAPS (Making Action Plans) - [Person Centered Planning \(pa.gov\)](http://PersonCenteredPlanning(pa.gov))

PATH - [PATH | Person Centred Planning | Person Centred Planning Tools \(inclusive-solutions.com\)](http://PATH|PersonCentredPlanning|PersonCentredPlanningTools(inclusive-solutions.com))

Think College [Home | Think College \(thinkcollege.net\)](http://Home|ThinkCollege(thinkcollege.net))

Pennsylvania Assistive Technology Foundation (PATF) - [Home | Pennsylvania Assistive Technology Foundation \(patf.us\)](http://Home|PennsylvaniaAssistiveTechnologyFoundation(patf.us))

Activities		Notes
Post-Secondary Education Training	<p>Begin learning about different post-secondary (after HS) education and training options that focus on your interest areas.</p> <p>Research your local high school Career Technical Center (CTE) and learn about training programs you may be interested in</p>	
Employment	<p>Career Exploration</p> <p>Complete a career survey/ interest inventory, employment preference surveys.</p> <p>Job Preparation</p> <p>Participate in courses and activities your school offers that help develop pre-vocational and job-related social skills.</p> <p>Research and participate in Office of Vocational Rehabilitation (OVR) Pre-Employment Transition Services (Pre-ETS).</p> <p>Career Experience</p> <p>Regularly help with chores around your home.</p> <p>Try volunteering in your community with or without family and friends</p>	

Activities	Notes
Independent Community Living	<p>Start learning about your medical history and when your appointments are.</p> <p>Talk with your family about future transportation and travel needs and skills.</p> <p>Start learning about financial literacy – money management skills.</p> <p>Practice using your personal information for filling out important forms.</p> <p>Talk with your family about obtaining a State Photo ID (<i>can obtain as early as age 10</i>) <u>Get An ID (pa.gov)</u></p>
Suggestions	<p>Ask your parents/guardians to sign forms that allow you to participate in Office of Vocational Rehabilitation (OVR) Pre-Employment Transition Services (Pre-ETS) and allow the school's assigned OVR counselor to begin coming to your IEP/ transition meetings.</p> <p>The sooner the better - Check with your county Department of Human Services (DHS) about eligibility for assistance with services and support (including Waiver Funding) and how to register, if needed.</p> <p>If you already have a Supports Coordinator or Case Manager, invite them to your meetings.</p>

Things to Think About & Tips

Review and refresh knowledge on the transition process – Attend, participate, and practice leading your IEP meeting.

Review your IEP transition team members and how they each help you. Invite anyone else who you want on your team for support.

Write, review and update current post-school goals.

- Education/Training _____
- Employment _____
- Independent Living _____

What courses am I currently taking? _____

What activities am I participating in to support my post-school goals? _____

What do I want to learn more about? _____

What are my skill areas – areas of strength, interest, preferences? _____

- Participate in transition assessments to find out about your skills and interests.

What supports and technology can help me meet my goals? - Continue to assess your needs for supports and technology for education, employment, and independent/ community living.

Things to Think About & Tips

Continue working with your IEP Team to help you:

- Learn your personal information- DOB, Social Security number, Address, Phone #, parents'/guardians' information, people you can use as references, seek obtaining a state photo identification. [Get An ID \(pa.gov\)](http://pa.gov)
- Learn and understand all your future transportation needs for school, work, and community living.
- Understand your disability. How well do you understand your disability and what do you need to support your future education, employment and independent living and community accessibility?
- Learn the importance of taking responsibility for your own health care and long-term support needs.
- Develop skills for decision-making, self-advocacy, and self-determination.

Activities	Notes
Post-Secondary Education/ Training	<p>If you are interested in a 2–4-year college or training program, begin to learn what it takes to get into those programs- eligibility requirements. (Entrance exams- PSAT, SAT, ACT tests, GPA). Learn about post secondary and transition years (18-22) non degree or certificate education and training programs.</p> <p>If you are interested in continuing your education and skill development through Dept. of Human Services (DHS), Office of Developmental Programs (ODP) and Office of Long Term Living (OLTL) waiver funded programs and support services, begin learning about the different adult providers and programming that match your interests, skill training and support needs as well as eligibility and funding requirements.</p> <p>Visit your local high school Career Technical Center (CTE) and learn about training programs that can help you gain skills and certifications.</p> <p>Work with your IEP team to choose courses that support your education/training and career goals. These may include involvement in dual credit courses or CTE courses.</p>

Activities	Notes
Employment	<p>Career Exploration</p> <p>Complete career interest and employment preference inventories.</p> <p>Begin exploring careers – online virtual curriculum, job tours, volunteering, in school jobs, etc.</p> <p>Job Preparation</p> <p>Participate in offered Office of Vocational Rehabilitation (OVR) Pre-Employment Transition Services (Pre-ETS).</p> <p>Participate in school courses that prepare you for applying for jobs-filling out applications, resumes, interviewing, etc.</p> <p>Learn about employer expectations, work culture, employee rights and job accommodations under ADA.</p> <p>Learn about obtaining a work permit and what documentation is needed.</p> <p>Career Experience</p> <p>Participate in school job tours and group job shadows.</p> <p>Learn about community service and volunteer opportunities.</p>

Activities	Notes
Independent Community Living	<p>Explore how to obtain a PA driver's learning permit Applying for a Learner's Permit (pa.gov) and or a PA state photo ID Get An ID (pa.gov)</p> <p>Explore transportation/travel options – Public, Paratransit, Uber, Lyft, etc.</p> <p>Explore high school and community organizations and activities.</p> <p>Practice saving money and learn what everyday items cost – groceries, personal care items, clothing, household expenses -rent/mortgage, utilities, etc.</p> <p>Continue learning more about your health care needs – start becoming more involved in keeping records, schedule appointments, sign in at appointments, and talk with your medical doctors and other health providers.</p>
Suggestions	<p>If you haven't already done:</p> <p>Ask your parents/guardians to sign forms that allow you to participate in Office of Vocational Rehabilitation (OVR) Pre-Employment Transition Services (Pre-ETS) and allow the school's assigned OVR Staff to begin coming to your IEP/ transition meetings.</p> <ul style="list-style-type: none"> ■ Open a case with OVR. Options for registering for services PA CareerLink - INDIVIDUALS WITH DISABILITIES <ul style="list-style-type: none"> - By contacting your schools assigned OVR Staff - Call your local OVR District Office <p>The sooner the better - Check with your county Department of Human Services (DHS) about eligibility for services and support (including Waiver Funding) and how to register, if needed.</p> <p>If you already have a Supports Coordinator or Case Manager, invite them to your meetings.</p>

Things to Think About & Tips

Attend, participate, and lead your IEP and transition meetings.

Review your IEP transition team members and how they each help you. Invite anyone else who you want to join your team for support.

Write, review and update current post-school goals.

- Education/Training _____
- Employment _____
- Independent Living _____

What courses am I currently taking? _____

What activities am I participating in to support my post-school goals? _____

What do I want to learn more about? _____

What are my skills, areas of strength, interests, preferences? _____

- Participate in transition assessments to explore areas to address. _____

What supports and technology can help me meet my goals? - Continue to assess your needs for supports and technology for educational, vocational, and independent/ community living needs. _____

Learn about any 18-22 transition, career prep and post-secondary programs that can support my future goals.

Things to Think About & Tips

Continue working with your IEP Team to help you:

- Learn your personal information- DOB, Social Security number, Address, Phone #, parents'/guardians' information, people you can use as references, seek obtaining a driver's license [Driver Licensing \(pa.gov\)](http://pa.gov) or state photo identification. [Get An ID \(pa.gov\)](http://pa.gov)
- Learn and understand all your future transportation needs for school, work, and community living.
- Understand your disability. How well do you understand your disability and what do you need to support your future education, employment and independent living and community accessibility?
- Learn the importance of taking responsibility for your own health care and long-term support needs.
- Develop skills for decision-making, self-advocacy, and self-determination.

Activities	Notes
Post-Secondary Education Training	<p>If you are interested in pursuing a 2-4 college, participate in the PSAT test (given in the fall of sophomore and junior years).</p> <ul style="list-style-type: none"> ■ Research needed accommodations for testing (PSAT, SAT, ACT) ■ Pay attention to deadlines for applying for testing accommodations. <p>If you are interested in continuing your education and skill development through Dept. of Human Services (DHS), Office of Developmental Programs (ODP) and Office of Long Term Living (OLTL) waiver funded programs and support services, learn about different adult providers and programming that match your interests, skill training and support needs as well as eligibility and funding requirements.</p> <p>Begin reviewing websites and catalogs for colleges, training programs, apprenticeships or related careers.</p> <p>Attend Transition, Career and College Fairs.</p> <p>Explore the need for future technology in post-secondary education/ training and talk with your school about practicing with it now.</p> <p>Understand your rights for higher education and training accommodations and supports through the Americans with Disabilities Act (ADA).</p> <ul style="list-style-type: none"> ■ Learn how they may be different from what you received during high school, learn about accommodations and how to ask for what you need. <p>Meet with your guidance counselor to discuss the results of testing, career goals</p>

Activities	Notes
Employment	<p>Career Exploration</p> <p>Take a career interest inventory, employment preference survey.</p> <p>Explore careers on the internet-research education requirements, pay range, local market availability, etc.</p> <p>Job preparation</p> <p>Practice filling out applications, developing a resume & cover letter, and interviewing.</p> <p>Identify 2-3 people who might agree to be listed as references.</p> <p>Career Experiences</p> <p>Participate in school opportunities for job shadowing and community-based work experiences.</p> <p>Consider volunteering or applying for summer employment (will need work permit).</p>
Independent Community Living	<p>Talk with your family about opening a savings/checking account.</p> <p>Practice taking Public or Paratransit transportation – Mobility/ Transportation Training. If needed you may wish to speak with your IEP Team about Travel Instruction and accommodations.</p> <p>Continue learning more about your health care needs – Fill out your health history form at your next annual physical, know your medications and what to buy over the counter that you need.</p>

Activities	Notes
<p>Suggestions</p>	<p>If you haven't already done:</p> <p>Ask your parents/guardians to sign forms that allow you to participate in the Office of Vocational Rehabilitation (OVR) Pre-Employment Transition Services (Pre-ETS) and allow the school's assigned OVR Staff to attend your IEP/ transition meetings.</p> <ul style="list-style-type: none"> ▪ Open a case with OVR. Options for registering for services. <ul style="list-style-type: none"> - On-line <u>PA CareerLink - INDIVIDUALS WITH DISABILITIES</u> (pacareerlink.pa.gov) - By contacting your schools assigned OVR Staff - Call your local OVR District Office <p>The sooner the better - Check with your county Department of Human Services (DHS) about eligibility for services and support (including Waiver Funding) and how to register, if needed.</p> <p>If you already have a Supports Coordinator or Case Manager, invite them to your meetings.</p> <p>Social Security Administration (SSA) Benefits Counseling – learn about benefits SSI, SSDI (types of Social Security), Medicare and Medicaid <u>Benefits Counseling and the Path to Employment - Ticket to Work - Social Security</u> (ssa.gov)</p>

Things to Think About & Tips

Attend, participate, and lead your IEP and Transition Meetings.

- Review your IEP team members and invite others who can support your current and future goals.

Write, review and update current post-school goals.

- Education/Training _____
- Employment _____
- Independent Living _____

What courses am I currently taking? _____

Am I on track for graduation requirements? _____

What activities am I participating in to support my post-school goals? _____

What do I want to learn more about? _____

What are my skills, areas of strength, interests, preferences? _____

- Participate in transition assessments to explore areas to address. _____

What supports and technology can help me meet my goals? - Continue to assess your needs for supports and technology for education, employment, and independent/ community living needs.

Learn about any 18-22 transition, career prep and post-secondary programs that can support my future goals.

Things to Think About & Tips

Continue working with your IEP Team to help you:

- Learn your personal information- DOB, Social Security number, Address, Phone #, parents'/guardians' information, people you can use as references, seek obtaining a driver's license [Driver Licensing \(pa.gov\)](http://pa.gov) or state photo identification. [Get An ID \(pa.gov\)](http://pa.gov)
- Learn and understand all your future transportation needs for school, work, and community living.
- Understand your disability. How well do you understand your disability and what do you need to support your future education, employment and independent living and community accessibility?
- Learn the importance of taking responsibility for your own health care and long-term support needs.
- Develop skills for decision-making, self-advocacy, and self-determination.

Activities	Notes
Post-Secondary Education Training	<p>If haven't already done so and are planning to go onto a 2–4-year college, take the ACT or SAT (with accommodations, if necessary) for admission, placement, and/or scholarship awards.</p> <p>Start touring colleges and training programs, meet with their Disability Support Services</p> <p>If interested in Department of Human Services (DHS) waivers or Office of Long Term Living (OLTL) programs and services, meet with providers, tour programs, learn about different services and programming that match your interests, skill and support needs.</p> <p>Attend a financial aid seminar, talk with your family about funding post-secondary programs.</p> <p>Research scholarships</p>

Activities	Notes
Employment	<p>Career Exploration</p> <p>Research 3-5 local businesses that you have an interest in applying for part-time work.</p> <p>Make a list of accommodations you may need on the job (ex. job coach, checklists, modified schedule).</p> <p>Learn about your job accommodations and employee rights protected by law (ADA)</p> <p>Job preparation</p> <p>Obtain work permit.</p> <p>Develop a pocket resume for reference when filling out applications.</p> <p>Make a video of yourself completing work tasks to show your skills.</p> <p>Career Experiences</p> <p>Participate in a Paid Work Experience through the Office of Vocational Rehabilitation (OVR) Pre-Employment Transition Services (Pre-ETS) or apply for a local part-time job or summer employment on your own.</p> <p>Participate in a long-term volunteer activity.</p>
Independent Community Living	<p>Apply for a driver's learning permit. <u>Applying for a Learner's Permit (pa.gov)</u></p> <p>Practice budgeting money to save for things you need vs things you want.</p> <p>Continue learning more about your health care needs. Fill out your own health history form at your next yearly physical, start scheduling your appointments.</p>

Activities	Notes
Suggestions	<p>Practice explaining your accommodation needs with your IEP team.</p> <p>Meet with your school's assigned OVR counselor. If you haven't already done so, register for OVR services.</p> <ul style="list-style-type: none"> ■ Options for registering for services. <ul style="list-style-type: none"> - On-line <u>PA CareerLink - INDIVIDUALS WITH DISABILITIES</u> (pacareerlink.pa.gov) - By contacting your schools assigned OVR Staff - Call your local OVR District Office <p>Social Security Administration (SSA) Benefits Counseling – learn about benefits SSI SSDI (types of Social Security), Medicare and Medicaid <u>Benefits Counseling and the Path to Employment - Ticket to Work - Social Security</u> (ssa.gov)</p> <p>For eligible students who are pursuing DHS Medicaid waiver funded programs and services, work with your supports coordinator to start compiling necessary documentation. <u>Waiver Information</u> (pa.gov)</p>

Things to Think About & Tips

Attend, participate and Lead your IEP and Transition Meetings.

Review your IEP team members and invite others who can support your current and future goals.

Write, review and update current post-school goals.

- Education/Training _____
- Employment _____
- Independent Living _____

What courses am I currently taking? _____

Am I on track for graduation requirements? _____

If not graduating yet, will I walk with my class for the graduation ceremony? _____

What activities am I participating in to support my post-school goals? _____

What course and activities do I still want to learn more about or need to take? _____

What are my skills, areas of strength, interest, preferences? _____

- Participate in transition assessments to explore areas to address. _____

What supports and technology can help me meet my goals? - Continue to review your needs for supports and technology for education, employment, and independent/ community living needs.

Learn about any 18-22 transition, career prep and post-secondary programs that can support my future goals.

Things to Think About & Tips

Continue working with your IEP Team to help you:

- Learning your personal information- DOB, Social Security number, Address, Phone #, parents'/guardians' information, people you can use as references, seek obtaining a driver's license [Driver Licensing \(pa.gov\)](http://pa.gov) or state photo identification. [Get An ID \(pa.gov\)](http://pa.gov)
- Learn and understand all your future transportation needs for school, work, and community living
- Understand your disability. How well do you understand your disability and what do you need to support your future education, employment and independent living and community accessibility?
- Learn the importance of taking responsibility for your own health care and long-term support needs.
- Develop skills for decision-making, self-advocacy, and self-determination.

Activities	Notes
Post-Secondary Education Training	<p>If not done in 11th grade, take the ACT or SAT (with accommodations, as necessary) in the fall for admission, placement, and/or scholarship awards.</p> <p>If not done already - visit colleges and training programs of interest and meet with their Disability Support Services – ask for a list of required documentation.</p> <p>Apply to colleges and training programs that support your career goals.</p> <p>Apply for Financial Aid (FAFSA) and scholarships. FAFSA® Application Federal Student Aid (studentaid.gov)</p> <p>Meet with your OVR Counselor to discuss funding for education.</p> <p>Request for full transcript to be sent to colleges and training programs where you have been accepted.</p> <p>Request copy of all school records for future needs</p> <p>Review your Summary of Academic Achievement and Functional Performance (SAAFP) with your IEP Team.</p> <p>If pursuing Department of Human Services (DHS), Office of Developmental Programs (ODP) or Office of Long Term Living (OLTL) supported programs and services, meet with providers, tour programs, learn about different services and programming that match your interests, skills, and support needs.</p> <ul style="list-style-type: none"> ▪ Learn about eligibility criteria, ask if they have transition programs

Activities		Notes
Employment	<p>Career Exploration</p> <p>Research careers that you would like to explore after post-secondary education/ training.</p> <p>Job Preparation</p> <p>Practice requesting accommodations you may need on a job.</p> <p>Participate in mock interviews.</p> <p>Career Experiences</p> <p>Participate in a Paid Work Experience through OVR Pre-ET Services, apply for a local part-time job or summer employment on your own.</p> <p>Participate in a long-term volunteer activity.</p>	
Independent Community Living	<p>Register for Selective Service (male students).</p> <p>Register to vote at age 18.</p> <p>Continue practicing budgeting money- use a bank card.</p> <p>Practice getting around your community – use public transportation, paratransit, and other alternative transportation.</p> <p>Take charge of your health care needs - keep track and schedule your appointments, meet with your providers (with or without support)</p> <p>Learn about your healthcare insurance(s). If you use Medicaid (Medical Assistance) , find out about Special Needs Units.</p>	

Activities	Notes
<p>Suggestions</p>	<p>Practice requesting your ADA accommodations with your IEP team.</p> <p>Meet with your school's assigned Office of Vocational Rehabilitation (OVR) counselor. If you haven't already done so, register for OVR services.</p> <ul style="list-style-type: none"> ■ Options for registering for services. <ul style="list-style-type: none"> - On-line PA CareerLink - INDIVIDUALS WITH DISABILITIES (pacareerlink.pa.gov) - By contacting your schools assigned OVR Staff - Call your local OVR District Office <p>Social Security Administration (SSA) Benefits Counseling – learn about benefits SSI SSDI (types of Social Security), Medicare and Medicaid Benefits Counseling and the Path to Employment - Ticket to Work - Social Security (ssa.gov)</p> <p>For eligible students who are pursuing DHS Medicaid waiver funded programs and services, work with your supports coordinator to compile necessary documentation. Waiver Information (pa.gov)</p>

Senior Year & Beyond

(Ages 18 up to 22nd birthday)

Things to Think About & Tips

Attend, participate and Lead your IEP and Transition Meetings.

Review your IEP team members and invite others who can support your current and future goals.

Write, review and update current post-school goals.

- Education/Training _____
- Employment _____
- Independent Living _____

When do I plan to graduate? _____

Will I walk with my class for the graduation ceremony? _____

What courses am I currently taking? _____

What activities am I participating in to support my post-school goals? _____

What course and activities do I still want to learn more about or need to take?

What are my skills, areas of strength, interest, preferences? _____

- Participate in transition assessments to explore areas to address. _____

What supports and technology can help me meet my goals? Continue to assess your needs for supports and technology for education, employment, and independent / community living needs.

Learn about any 18-22 transition, career prep and post-secondary programs that can support my future goals.

Things to Think About & Tips

Continue working with your IEP Team to help you...

- Learning your personal information- DOB, Social Security number, Address, Phone #, parents'/guardians' information, people you can use as references, seek obtaining a driver's license [Driver Licensing \(pa.gov\)](http://pa.gov) or state photo identification. [Get An ID \(pa.gov\)](http://pa.gov)
- Learn and understand all your future transportation needs for school, work, and community living.
- Understand your disability. How well do you understand your disability and what do you need to support your future education, employment and independent living and community accessibility?
- Learn the importance of taking responsibility for your own health care and long-term support needs.
- Develop skills for decision-making, self-advocacy, and self-determination.

Activities		Notes
Post-Secondary Education Training	<p>Complete any graduation requirement courses.</p> <p>When ready, apply for college and training programs.</p> <p>Complete eligibility and applications for Department of Human Services (DHS) Medicaid waiver funded programs and support services – compile all necessary documentation.</p> <p>Participate in courses and activities that support my post-school goals</p>	
Employment	<p>Participate in school supported or Office of Vocational Rehabilitation (OVR) Pre-Employment Transition Services (Pre-ETS) for Work-Based Learning Experiences (WBLE).</p> <p>Practice vocational skills in competitive integrated employment settings (community based).</p> <p>Understand job accommodations and supports you may need on a worksite (ex. job coach, added software on computer).</p>	

Activities	Notes
Independent Community Living	<p>If not done already - Register for Selective Service (male students).</p> <p>Obtain state photo identification card Get An ID (pa.gov) or Driver's License Driver Licensing (pa.gov).</p> <p>Practice functional daily living skills.</p> <p>Practice social skills and self-advocacy.</p> <p>Practice mobility skills - using public, paratransit, Uber/Lyft, or driving.</p> <p>Continue leading your health care needs, scheduling appointments, and talk with your network of medical and other providers.</p> <p>Learn about your healthcare insurance(s). If you use Medicaid (Medical Assistance), find out about Special Needs Units.</p>

Activities	Notes
Suggestions	<p>Practice requesting your ADA accommodation needs with your IEP team and out in the community.</p> <p>Meet with your school's assigned OVR counselor. If you haven't already done so, register for OVR services.</p> <ul style="list-style-type: none"> ■ Options for registering for services. <ul style="list-style-type: none"> - On-line PA CareerLink - INDIVIDUALS WITH DISABILITIES (pacareerlink.pa.gov) - By contacting your schools assigned OVR Staff - Call your local OVR District Office <p>Social Security Administration (SSA) Benefits Counseling – learn about benefits SSI SSDI (types of Social Security), Medicare and Medicaid Benefits Counseling and the Path to Employment - Ticket to Work - Social Security (ssa.gov)</p> <p>For eligible students who are pursuing DHS Medicaid waiver funded programs and services, work with your supports coordinator to compile necessary documentation. Waiver Information (pa.gov)</p> <p>Request copy of all school records for future needs</p> <p>Review your Summary of Academic Achievement and Functional Performance (SAAFP) with your IEP Team.</p>
Special Considerations	<p>Discuss with family how you want to be supported as an adult. Supported Decision Making (https://supporteddecisionmaking.org/in-your-state/pennsylvania/)</p> <p>Research a long-term financial support plan to include income support, banking needs, social security income, and medical assistance.</p>

PA Transition ABCs

AAC	Augmentative/Alternative Communication
ABA	Applied Behavior Analysis
ADA	Americans With Disabilities Act
ADA	Assistant District Administrator
ADHD	Attention Deficit Hyperactivity Disorder
AEM	Accessible Educational Materials
ALD	Assistive Listening Device
APS	Approved Private School
ASD	Autism Spectrum Disorder
ASL	American Sign Language
AT	Assistive Technology
AYP	Adequate Yearly Progress
BEC	Basic Education Circular
BSE	Bureau of Special Education
BSOD	Business Services and Outreach Division
BSR	Business Services Representative
C&G	Vocational Counseling and Guidance
CAO	Chief Administrative Officer
CAC	Citizens Advisory Council
CAP	Client Assistance Program
CART	Computer Aided Realtime Translation

CASSP	Child & Adolescent Service System Program
CAVP	Corrective Action Verification Plan
CBA	Curriculum-Based Assessment
CBWA	Community Based Work Assessment
CDT	Classroom Diagnostic Tools
CFR	Code of Federal Regulations
COP	Communities of Practice
CPN	Case Progress Notes
CTC	Career and Technical Education Center
CTE	Career and Technical Education
CWDS	Commonwealth Workforce Development System
DA	District Administrator
DHS	Department of Human Services
DIBELS	Dynamic Indicators of Basic Early Literacy Skills
DO	District Offices (PA OVR)
DSM-V	Diagnostic & Statistical Manual of Mental Disorders
EBR	Educational Benefit Review
ED	Emotional Disturbance
EI	Early Intervention
EIPA	Educational Interpreter Performance Assessment
EITA	Early Intervention Technical Assistance

ELL	English Language Learners
ER	Evaluation Report
ESL	English as a Second Language
ESSA	Every Student Succeeds Act
ESY	Extended School Year
EWS	Early Warning System
FBA	Functional Behavioral Assessment
FERPA	Family Educational Rights and Privacy Act
FNT	Financial Needs Test
HGAC	Hiram G. Andrews Center
ICC	Interagency Coordinating Council
ID	Intellectual Disability
IDEA	Individuals With Disabilities Education Act
IEE	Independent Educational Evaluation
IEP	Individualized Education Program
IFSP	Individualized Family Service Plan
IPE	Individualized Plan for Employment
IU	Intermediate Unit
L&I	Department of Labor and Industry
LEA	Local Educational Agency
LICC	Local Interagency Coordinating Council
LOFA	Local Office Fiscal Assistant
LRE	Least Restrictive Environment
LTCC	Local Transition Coordinating Council

LTF	Local Task Force
MA	Medical Assistance
MOU	Memorandum of Understanding
MTSS	Multi-tiered Systems of Support
NCSC	National Center and State Collaborative
NOREP	Notice of Recommended Educational Placement
O & M	Orientation and Mobility
OCDEL	Office of Child Development and Early Learning
OCR	Office for Civil Rights
ODHH	Office for the Deaf and Hard of Hearing
ODR	Office for Dispute Resolution
OHI	Other Health Impairment
OJT	On the Job Training
O* NET	Occupational Information Network
OOS	Order of Selection
OSEP	Office of Special Education Programs
OSERS	Office of Special Education and Rehabilitation Services
OT	Occupational Therapy
OVR	Office of Vocational Rehabilitation
Pa POS	Pennsylvania Post-School Outcome Survey
PASA	Pennsylvania Alternate System of Assessment
PaTTAN	Pennsylvania Training and Technical Assistance Network
PBIS	Positive Behavior Interventions and Supports

PBSP	Positive Behavior Support Plan
PDE	Pennsylvania Department of Education
PIMS	Pennsylvania Information Management System
Pre-ETS	Pre-Employment Transition Services
PSN	Procedural Safeguards Notice
PSSA	Pennsylvania System of School Assessment
PT	Physical Therapy
PWN	Prior Written Notice
PVAAS	Pennsylvania Value Added Assessment System
RENEW	Rehabilitation for Empowerment, Natural Supports, Education and Work
RR	Reevaluation Report
RtII	Response to Instruction and Intervention
SAS	Standards Aligned System
SaS	Supplementary Aids and Services
SBBH	School Based Behavioral Health
SDI	Specially Designed Instruction
SEA	State Educational Agency
SEAP	Special Education Advisory Panel
SICC	State Interagency Coordinating Council
SLD	Specific Learning Disability
SLP	Speech/Language Pathologist
SSIP	Statewide Systemic Improvement Plan
STF	State Task Force

STL	Short-Term Loan
TBI	Traumatic Brain Injury
TSS	Therapeutic Staff Support
TVI	Teacher of Visually Impaired
UDL	Universal Design for Learning
VI	Visual Impairment
VRC	Vocational Rehabilitation Counselor
WIOA	Workforce Innovation and Opportunity Act
WOTC	Work Occupational Tax Credit

Links and Resources

Agency/ Resource		Statewide Resources	Contacts in your area
BSASP	PA - Bureau of Supports for Autism and Special Populations	https://www.dhs.pa.gov/contact/DHS-Offices/Pages/ODP-Bureau%20of%20Autism%20Services.aspx	
DHS	PA - Department of Human Services	https://www.dhs.pa.gov/Pages/default.aspx	
HCSIS	PA - Home and Community Services Information System	https://www.hcsis.state.pa.us/hcsis-ssd/Types of Services - https://www.pa.gov/en/agencies/dhs/resources/home-community-based-services-hcbs.html	
ILRU	ILRU - Independent Living Research Utilization	https://www.ilru.org/projects/cil-net/cil-center-and-association-directory-results/PA	
JAN	Job Accommodation Network	https://askjan.org/	
L&I	PA Department of Labor & Industry	https://www.dli.pa.gov/Pages/default.aspx	
NTACT:C	National Technical Assistance Center on Transition: The Collaborative	https://transitionta.org/	
ODP	PA - Office of Developmental Programs	https://www.pa.gov/en/agencies/dhs/departments-offices/odp-info.html	
OLTL	PA - Office of Long-Term Living	https://www.dhs.pa.gov/contact/DHS-Offices/Pages/OLTL-Waiver-Amendments-and-Renewals.aspx	
OMHSAS	PA- Office of Mental Health and Substance Abuse Services	https://www.pa.gov/en/agencies/dhs/departments-offices/omhsas-info.html	
OSEP	Office of Special Education Programs	https://www2.ed.gov/about/offices/list/osers/osep/index.html	

Agency/ Resource		Statewide Resources	Contacts in your area
OVR	PA - Office of Vocational Rehabilitation	OVR PA - Office of Vocational Rehabilitation https://www.dli.pa.gov/ovr Local https://www.dli.pa.gov/Individuals/Disability-Services/ovr/Pages/OVR-Office-Directory.aspx	
PAAutism.org	Collaboration with ASERT and BSASP	https://paautism.org/	
PA CareerLink	PA - CareerLink	www.pacareerlink.pa.gov	
PA.GOV	Official Website for the Commonwealth of PA	https://www.pa.gov/	
PASCILs	PA Statewide Centers for Independent Living	https://pasilc.org/independent-living/centers-in-dependent-living/	
PA Secondary Transition	PA Secondary Transition	https://www.pasecondarytransition.com/	
PATF	Pennsylvania Assistive Technology Foundation	https://patf.us/	
PATH	Inclusion Solutions	https://inclusive-solutions.com/person-centred-planning/path/	
PaTTAN	PA Training and Technical Assistance Network	https://www.pattan.net/	
PDE	Pennsylvania Department of Education	https://www.education.pa.gov/Pages/default.aspx	
PEAL CENTER	Parent Education & Advocacy Leadership Center	https://www.pealcenter.org/	
Post Secondary Education ID/DD	Think College	https://thinkcollege.net/	
	Dream Partnership	https://dreampartnership.org/	
PYLN	The Pennsylvania Youth Leadership Network	https://www.facebook.com/PYLNetwork/	

Agency/ Resource		Statewide Resources	Contacts in your area
SSA	Social Security Administration	https://www.ssa.gov/	
	Social Security Administration (SSA) Benefits Counseling	https://choosework.ssa.gov/library/fact-sheet-benefits-counseling-and-the-path-to-employment	
Supported Decision Making	National Resource for Supported Decision-Making	https://supporteddecisionmaking.org/	
Transition Discoveries	Transition Discoveries	https://transitiondiscoveries.org/	



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